

The Me I Want To Be

Becoming God's Best Version of You

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Chapters Fifteen and Sixteen

Try Going off the Deep End with God

1. Why does God want to give us a sanctuary in which we can be with him? (pg. 171 top of 172)
2. Where [or when] is your sanctuary?
3. There are three parts of you,
 - a. The outer court, or the _____ part.
 - b. The _____ court, or the part that few people see.
 - c. The holy of holies, where only _____ meets with _____.
4. True / False: Jesus only prayed for other people.
5. True / False: Jesus never worried.
6. True / False: Jesus never felt weak or vulnerable.
7. True / False: Jesus prayed because he wanted to.
8. True / False: We must always petition the Holy Spirit to pray. (pg. 176)
9. True / False: There is only one posture for prayer and that is to bow your head and close your eyes.
10. When was the posture of closing your eyes and bowing your head first introduced and for what reason?
11. True / False: God expects us to approach him in a formal and impersonal manner when we pray.
12. _____, more than any other single activity, is what places us in the flow of the Spirit.

Make Life-giving Relationships a Top Priority

13. "As the body is nourished by food, so the soul is nourished by _____." (pg. 182)
14. True / False: People with deep connections to other people are generally happier."
15. "Part of what it means to be made in God's image is our capacity for _____." (pg. 183)
16. "When love is working correctly, this sense of connectedness becomes _____." (pg. 185)
17. True / False: Being disconnected from other people can actually have an adverse affect on our physical well being." (pg. 186)
18. How can being disconnected have an adverse affect on our spiritual well-being? (pg. 186 middle of the page)

19. There are certain gifts that being connected bring to us as individuals.

a. The gift of _____.

b. The gift of _____.

"I have never known anyone who failed at love and _____ at life. I have never known anyone who succeeded at love yet _____ at life."

c. The gift of _____.

"Every moment is an opportunity to practice a gesture of _____."

d. The gift of _____.

What benefits does joy bring into our life?

e. The gift of _____.

"_____ is going to be the way I connect people in love." (pg. 191)