

The Me I Want To Be

Becoming God's Best Version of You

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Chapters Seven and Eight

Let Your Desires Lead You to God

1. "There is no power in life like the power of the '____-____-_____' desire."
2. "Spiritual growth requires that our life with God move from the "_____" category to the "_____" category... (pg. 80)
3. "Part of trying softer is allowing what we _____ around us to lead us back to God." (pg 82)
4. "God's plan is that every time we experience an authentic desire, a God implanted desire in us, we come to understand more deeply what a _____ God he is. This is how we taste and see that the Lord is good." (pg 83)
5. Desires come in four "flavors." (Discuss how each one of these desires is good and bad.)
 - a. _____ desires
 - b. _____ desires
 - c. _____ desires
 - d. _____ desires

Think Great Thoughts

6. "As a general rule, our emotions flow out of our _____. The way that we will live inevitably will be a reflection of our _____." (pg. 91)
7. "Becoming the best version of yourself, then, rests on one simple directive: _____!" (pg. 90)
8. "As I monitor my mind, I will encounter many thoughts that are _____." (pg. 91)
9. "You can't stop thinking wrong thoughts, but you can choose what you _____ to." (pg. 95)
10. In the author's analogy, what was the main difference between the dog and the cat?

11. How did the story about Danny spelunking in the caves of Iowa make you feel? How did he survive that ordeal?

12. Who are the players in the battle over your mind and the thoughts entertained and the ones which are not entertained?

a. _____

b. _____

c. _____ (The Holy Spirit)