

# The Me I Want To Be

Becoming God's Best Version of You

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## Chapters Three and Four

### Discover the Flow

1. What is it we need to be the person we want to be?

“Trying to become the person you were made to be is like trying to ski behind a \_\_\_\_\_.”  
(pg. 36)

2. \_\_\_\_\_ is the only one who has the power to transform our lives through the power of the Holy Spirit. (pgs. 36-37)
3. Our problem is that there is a gap between the person we \_\_\_\_\_ and the person we \_\_\_\_\_!”
4. How do people usually manage that gap? (pg. 37-38)
  - a. Trying \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
5. Really, the only way the gap can be closed is through the \_\_\_\_\_ of God.

“God’s plan is not only that we would be saved by grace, but that we would live our lives through grace.”

6. What is the foundational idea behind this book?

7. Why was the analogy of a river such an apt illustration for spiritual vitality in the land of Israel?

How is that an analogy for our lives spiritually?

8. What is the number one sign that that Spirit of God is flowing through us? (pg. 41)

9. Who is that fruit for?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
10. What is the number one prerequisite for allowing the Spirit of God to flow through us? (pg. 43)

### Find Out How You Grow

11. What does the author mean when he says, “find out how you grow?” (pgs. 47-48)
12. God never grows two people the same way. God is a \_\_\_\_\_ - \_\_\_\_\_, not a mass producer.”
13. What are the questions a person must answer to be able to grow like God wants them to grow?
  - a. What brings me \_\_\_\_\_? *“What do you do that makes you feel fully alive?”*
  - b. What is my \_\_\_\_\_? Based upon your temperament, you will be drained or energized in different ways.
  - c. What is my \_\_\_\_\_?
    - i. Naturalist-finds God in \_\_\_\_\_
    - ii. Ascetic-is drawn to \_\_\_\_\_
    - iii. Traditionalist-loves historic \_\_\_\_\_
    - iv. Activist-comes alive spiritually with a \_\_\_\_\_
    - v. Caregiver-meets God in \_\_\_\_\_
    - vi. Sensate-serves and meets God through the \_\_\_\_\_
    - vii. Contemplative-is drawn to \_\_\_\_\_
    - viii. Intellectual-love God by \_\_\_\_\_
  - d. What is my learning style?
    - i. \_\_\_\_\_
    - ii. \_\_\_\_\_
    - iii. \_\_\_\_\_
    - iv. \_\_\_\_\_
    - v. \_\_\_\_\_
    - vi. \_\_\_\_\_
    - vii. \_\_\_\_\_
  - e. What is my \_\_\_\_\_ sin?
  - f. What is my \_\_\_\_\_ of life?